



Kirkwood  
Community  
Association

**KCA**  
PRESENTS

# YOGA *Intergenerational Flow*

JANUARY 26TH  
AT THE RED CLIFFS LODGE  
(ABOVE THE GENERAL STORE)

## *Two Classes*

COMPLIMENTARY

7:30AM – 8:30AM BEFORE THE SLOPES  
7:30PM – 8:30PM AFTER THE SLOPES

ALL ARE WELCOME • BRING A YOGA MAT OR TOWEL



*Lori Olson, RYT*  
*Lavanya Venkatesan, RYT*  
*Questions Call*  
*209-266-7122*  
*Or Email*  
*jherbert@thekca.org*